

REDUCING HARM FROM MEDICATIONS

Targeting Falls Poster



Are medications putting your older patients at risk of falls?

Maximise safety for your patients at risk of falling during their health care journey by completing the **Medication-related Falls Risk Assessment Tool (MFRAT)**



This tool assesses the risk of medication-related falls & gives recommended actions.

Fall-Risk-Increasing Drugs (FRIDs) include medicines that can cause postural hypotension, drowsiness, dizziness, blurred vision or confusion.

Your patient may be at greater risk of medication-related falls if they have other falls risk factors.



You can help lower this risk

Let's take a closer look



Consider the following medicine classes that increase the risk of falls

- Antipsychotics**
- Antidepressants**
- Anxiolytics/sedatives/hypnotics**
- Anticholinergics**
- Antihistamines**
- Antihypertensives, antiarrhythmics, nitrates & other vasodilators**
- Antivertigo medicines**
- Beta-blocker eye drops**
- Hypoglycaemics**
- Parkinsonism medicines**
- Opioids**
- Genitourinary medicines**
- and more...See the [MFRAT](#)**



ASSESS and REFER

for a hospital-based medication review (as per MFRAT)



Falls

