

REDUCING HARM FROM MEDICATIONS

Targeting Cognitive & Physical Functioning Poster



Are medications putting your older patients at risk of harm?

Maximise safety for your patients at risk of impairment of cognitive or physical function during their health care journey by completing the

Medication-related Impairment of Cognitive and/or Physical Function Risk Assessment Tool (FUN-RAT)

on admission > during admission > on discharge

This tool assesses the risk & gives recommended actions.

Anticholinergic & sedative medicines are associated with impairment of cognitive &/or physical function, such as delirium and impairment of mobility and balance.

Your patient may be at HIGH risk if they are on TWO or more anticholinergic or sedative medicines or have a calculated Drug Burden Index (DBI) score ≥ 1 .



You can help lower this risk

Let's take a closer look



Consider the following medicine classes that increase the risk of impairment of cognitive &/or physical function

- Antiepileptic medicines
- Antidepressants
- Antihistamines
- Antipsychotics
- Anxiolytics/sedatives/hypnotics
- Gastrointestinal medicines
- Genitourinary medicines
- Parkinsonism medicines
- Opioids
- and others...See the [FUN-RAT](#)



ASSESS and REFER

for a hospital-based medication review (as per FUN-RAT)



Cognitive & Physical Functioning

