



Acceptable indications for listing benzodiazepines on the hospital formulary

Alcohol and other substance withdrawal management (as guided by specialist advice)	✓
Seizure/epilepsy	✓
End of life care	✓
Periprocedural sedation	✓
Generalised anxiety and panic disorder, not responsive to first line treatments (as guided by specialist advice)	✓
Rapid eye movement (REM) sleep behaviour disorder (as guided by specialist advice)	✓
Catatonia (as guided by specialist advice)	✓

N.B. The use of benzodiazepines is not recommended in the treatment of muscle spasm with the exception of muscle spasm associated with multiple sclerosis and spasticity.

There are no acceptable indications to support hospital formulary listing of Z-drugs for initiation in non-critically ill patients.

There are no acceptable indications to support hospital formulary listing of melatonin or other medicines that might be used for night sedation in non-critically ill adult patients.

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